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# Challenges Young Man's Journal



## Synopsis

A workbook for self discovery and direction for young men.

## Book Information

Age Range: 12 and up

Paperback: 240 pages

Publisher: Advocacy Press; Updated edition (May 1984)

Language: English

ISBN-10: 0911655247

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Product Dimensions: 11 x 8.5 x 0.9 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (2 customer reviews)

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## Customer Reviews

Challenges is a visually engaging and informative book written for young men 14 through 20 years of age. It addresses the myths and hard realities he will face in entering adulthood, and details the crucial and inevitable choices he will make either deliberately or by default. It helps him understand himself, his feelings and his relationships, get his act together, and decide on the type of life and work he will find most rewarding. "Challenges is an outstanding guide for today's young men. A must for planning realistically for the future. An excellent companion for Choices: A Teen Woman's Journal."--Bill Cirone, Superintendent of Schools, Santa Barbara County, California.

While it is harder to get teenage boys to sit down for this kind of thing, the exercises and games can be very useful with groups of boys 12-15. Parents and adults should do the exercises with the teens. I found it quite illuminating in showing me what I thought then, and what I think now.

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